

SJCC Levitank Pool - Swim Schedule

Effective: January 4 – February 14, 2025

Swim/Lane schedule is subject to change

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
7:00								7:00
8:00	Open Swim 2 Lap Lanes <i>SLIDE CLOSED</i>	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8:00
9:00	Lessons POOL CLOSED						Lap Swim	9:00
10:00		Aquawaves 9:30-10:15 am	Aquawaves 9:30-10:15 am	Aquawaves 9:30-10:15 am	Aquawaves 9:30-10:15 am	Aquawaves 9:30-10:15 am	Lessons POOL CLOSED	10:00
11:00		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		11:00
12:00	Lap Swim							12:00
1:00		AquaMobility <i>SLIDE CLOSED</i>		AquaMobility <i>SLIDE CLOSED</i>			Open Swim 1 Lap Lane	1:00
2:00	Open Swim 1 Lap Lane	Open Swim 1 Lap Lane	Open Swim 1 Lap Lane	Open Swim 1 Lap Lane	Open Swim 1 Lap Lane			2:00
3:00						Open Swim 1 Lap Lane		3:00
4:00	Lessons POOL CLOSED	Lessons POOL CLOSED	Lessons POOL CLOSED	Lessons POOL CLOSED	Lessons POOL CLOSED			4:00
5:00								5:00
6:00		Aquawaves <i>SLIDE CLOSED</i>	Open Swim 1 Lap Lane	Aquawaves <i>SLIDE CLOSED</i>	Open Swim 1 Lap Lane			6:00
7:00			Women Only 7-7:45		Men Only 7-7:45			7:00
8:00		1 Lap Lane	Open Swim 1 Lap Lane	1 Lap Lane	Open Swim 1 Lap Lane			8:00

THE SJCC INDOOR POOL CLOSES 30 MINUTES BEFORE THE BUILDING, EXCEPT ON SATURDAYS

SJCC Hours of Operation*

Sunday	8:00 am – 6:00 pm
Monday-Thursday	7:00 am – 9:00 pm
Friday	7:00 am – 7:00 pm
Saturday	8:00 am – 4:00 pm

*Holiday Hours vary. Visit jccottawa.com.

1. All children 7 years of age and under, regardless of swimming ability, must be directly supervised (within arms reach) by a responsible person 16yrs of age and older
2. Children 10yrs of age and under who are non-swimmers must be directly supervised (close proximity and able to render assistance) by a responsible person 16yrs of age or older. The ratio of non-swimmers to responsible person is 1:4
3. Non-swimmers must remain in the shallow end
4. All children 5 yrs or younger, a maximum of 2 children per responsible person (16yrs of age or older) is required to be admitted to a public swim, and they must be directly supervised (within arms reach) at all times.