

# SJCC Levitank Pool - Swim Schedule

Effective November 8th 2021 - December 19th 2021

Swim/Lane schedule is subject to change and is available at [www.jccottawa.com](http://www.jccottawa.com)

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
6:00						
7:00						
7:30						
8:00	Lap Swim 8:00-9:00	Lap Swim 7:30-9:30	Lap Swim 7:30-9:30	Lap Swim 7:30-9:30	Lap Swim 7:30-9:30	Lap Swim 7:30-9:30
9:00	Lessons Pool Closed 9:00-12:00	Aqua Fit 9:30-10:15	Aqua Fit 9:30-10:15	Aqua Fit 9:30-10:15	Aqua Fit 9:30-10:15	Aqua Fit 9:30-10:15
10:00		Lap Swim 10:15-1:00 Ganon in Kiddie pool	Lap Swim 10:15-1:00	Lap Swim 10:15-1:00	Lap Swim 10:15-1:00	Lap Swim 10:15-1:00
11:00		Lap Swim 12:00-1:00				
12:00						
1:00	Open Swim 1 Lap lane 1:00-3:00	Open Swim 1 Lap Lane 1:00-3:00	Open Swim 1 Lap Lane 1:00-3:00	Open Swim 1 Lap Lane 1:00-3:00	Open Swim 1 Lap Lane 1:00-3:00 Ganon in Kiddie pool	Open Swim 1 Lap Lane 1:00-2:30
2:00						Lap Swim 2:30-3:30
3:00	Lap Swim 3:00-4:00	Lap Swim 3:00-4:00	Lap Swim 3:00-4:00	Lap Swim 3:00-4:00	Lap Swim 3:00-4:00	
4:00	Lessons Pool Closed 4:00-6:00	Lessons Pool Closed 4:00-6:00	Lessons Pool Closed 4:00-6:00	Lessons Pool Closed 4:00-6:00	Lessons Pool Closed 4:00-6:00	
5:00						
6:00		Open Swim 1 Lap Lane 6:00-7:00	Open Swim 1 Lap Lane 6:00-7:00	Open Swim 1 Lap Lane 6:00-7:00	Open Swim 1 Lap Lane 6:00-7:00	
7:00		Lap Swim 7:00-8:00	Lap Swim 7:00-8:00	Lap Swim 7:00-8:00	Lap Swim 7:00-8:00	
8:00						
9:00						
10:00						

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\*\*\* Lap swims will be set up with 2 wide lap lanes and 1 leisure lane. Open swims will be set up

- 1 All children 7 years of age and under, regardless of swimming ability, must be directly supervised
- 2 Children 10yrs of age and under who are non-swimmers must be directly supervised (close proximity)
- 3 Non-swimmers must remain in the shallow end
- 4 All children 5 yrs or younger, a maximum of 2 children per responsible person (16yrs of age or older)