

Instructional swim lessons included in  
Day Camps & Traveling Sports Camp



Ages 2-15

# SUMMER CAMPS

2019



**Register Online!**

[www.jccottawa.com](http://www.jccottawa.com)

## Instructional Swim every morning!

Outstanding camp facilities include indoor and outdoor pools, air conditioned gymnasium, pre-school rooms suitable for our younger campers, modern play structures and two multi-purpose fields.

### New Day Camp for 2 Year Olds:

Contact the camp office for more on this great new program [camp@jccottawa.com](mailto:camp@jccottawa.com) or 613-798-9818 ext 258

### Regular Drop-Off:

8:30 am

### Half Day Pick-Up

(2, 3 & 4 year olds only):

12:30 pm

### Afternoon Pick-Up:

3:45 pm

### At all JCC of Ottawa Day Camps:

- Before camp care is available at no extra cost.
- After camp care is available.
- Everyone is welcome!



# Day Camp

## Junior Friends Age 3 & 4

**3 year old camp:** born in 2016

**4 year old camp:** born in 2015

Whether you're here for a half or a full day, campers will have a great time. Sports, music, arts & crafts, swimming and drama and much more with warm and nurturing staff in our child-friendly pre-school.

## Senior Friends Age 5 - 10

**5 year old camp:** born in 2014

**6 year old camp:** born in 2013

**7 year old camp:** born in 2012

**8 year old camp:** born in 2011

**9 year old camp:** born in 2010

**10 year old camp:** born in 2009

An unforgettable full day of theme based summer activities planned specifically for our Senior Friends! Arts & crafts, sports, dance, swimming and field trips. Every week is jam packed with exciting summer fun.

## Junior Jocks Age 6 - 7

Boys and girls spend the day playing sports and games while learning athletic skills and sportsmanship. A great stepping stone to Traveling Sports Camp.

## New! LIT (Leaders in Training) Camp

Entering Grade 8

Designed to provide and teach balance between responsibility and fun, LITs spend the summer learning and developing valuable leadership skills while participating in fun camp activities.

## CIT Camp Entering Grade 9

Attention future counselors! Learn the skills needed to be a counselor next summer through team building activities and program planning and implementation plus be trained in First Aid and CPR. Enjoy all of the fun of camp while gaining valuable work experience.

# July 2 – August 23

## Weekly Themes

### **Celebration of the Nations**

July 2 - 5

Celebrate Canada and the world around us. Grab your passports and let's explore! Discover arts and crafts, games and more from all over the world. Wear red and white, make flags and have fun celebrating and making new friends.

### **Digging for Dinosaurs**

July 8 – 12

Go on a dinosaur hunt, make fossils, explore and learn about prehistoric animals. Treasure hunts, digging for bones and scavenger hunts are all part of the roaring good time!

### **Outdoor Adventures**

July 15 – 19

Explore nature, do outdoorsy crafts with sticks, rocks and leaves, learn wilderness survival and connect with nature plus nature walks and safaris.

### **Summer Superheroes**

July 22 – 26

Attention Superheroes! Grab your capes, shields, and masks and get ready to show your true strength. Superhero themed games, obstacle courses, costume making, face painting, and team building plus tons of super fun.

### **Space is the Place**

July 29 – August 2

In a galaxy far, far away campers will blast off into a week of space exploration. Make alien slime, space ships, explore the solar system and other out-of-this world activities.

### **Wet + Wild**

August 6 - 9

Slather on the sunscreen, fill the water balloons and slip down the big water slide. A summer week of wet and wild fun. Feel the excitement all the way from your head to your wrinkled toes!

### **Animal Planet**

August 12 – 16

Be on the lookout for the furry, the feathered, and the fantastic as we explore the world in search of animals. Discover animals from all over the world and act like them too!

### **Hollywood/Disney Extravaganza**

August 19 – 23

We're rolling out the red carpet while our campers showcase their creativity! Join us for a week of song, dance, theater, drama, and our own JCC's Got Talent.

# Day Camp Dates & Prices

**8 weeks:** July 2 – August 23

**1 week sessions:** July 2–5, July 8–12, July 15–19, July 22–26, July 29–August 2, August 6–9, August 12–16, August 19–23

## Full Day Programs

Monday - Friday (Junior and Senior Friends, Jr. Jocks)

	<b>SJCC Member</b>	<b>Non-Member</b>
8 weeks	\$1530	\$1750
1 week	\$220	\$250

Monday, Wednesday, Friday (2 & 3 year olds only)

	<b>SJCC Member</b>	<b>Non-Member</b>
8 weeks	\$945	\$1080
1 week	\$145	\$165

Tuesday & Thursday (2 & 3 year olds only)

	<b>SJCC Member</b>	<b>Non-Member</b>
8 weeks	\$780	\$885
1 week	\$115	\$135

## Half Day Programs

Monday - Friday (2, 3 & 4 year olds only)

	<b>SJCC Member</b>	<b>Non-Member</b>
8 weeks	\$1245	\$1390
1 week	\$180	\$205

Monday, Wednesday, Friday (2 & 3 year olds only)

	<b>SJCC Member</b>	<b>Non-Member</b>
8 weeks	\$805	\$900
1 week	\$120	\$140

Tuesday & Thursday (2 & 3 year olds only)

	<b>SJCC Member</b>	<b>Non-Member</b>
8 weeks	\$590	\$670
1 week	\$90	\$105

## Day Camp LIT Program

	<b>SJCC Member</b>	<b>Non-Member</b>
Full Session: July 2–August 23	\$485	\$550
First Session: July 2–July 26	\$260	\$295
Second Session: July 29–August 23	\$260	\$295

## Day Camp CIT Program

	<b>SJCC Member</b>	<b>Non-Member</b>
Full Session: July 2–August 23	\$500	\$570
First Session: July 2–July 26	\$275	\$310
Second Session: July 29–August 23	\$275	\$310

# Traveling Sports Camp

July 2 – August 16

Campers enjoy a variety of sports and exciting adventures throughout the beautiful Ottawa Valley.

Mornings at the Soloway JCC include sports like soccer, volleyball, basketball, lacrosse, flag football, badminton, ball hockey, softball, fencing, squash, racquetball and ultimate Frisbee and a daily instructional swim. Our own Olympic format, the Ottawa JCC Maccabi Games, is also a part of this unique experience.

Afternoon off-site adventures include: ice skating, golf instruction, windsurfing, mini putt, gymnastics, bowling, trampoline, pony and horseback riding, canoeing, banana boarding and tubing, tennis, go-carting, wave pools, Calypso and Mont Cascades Water Parks, rock climbing, zip lining at Camp Fortune, NCC beaches and more.

## PLUS

- Special guests from the NCAA & NHL
- Basketball clinics with University of Ottawa Basketball Hall of Famer, former Gee Gee and Head Coach, Carlos Brown.
- Soccer clinics with members of the Ottawa Fury.
- Football clinics with players from the Ottawa RedBlacks
- Pizza Fridays: lunch is on us!
- Extra Long Days at Calypso and Mont Cascades Water Parks
- An evening at an Ottawa Champions baseball game

**Our mature and highly qualified staff is chosen for their commitment, devotion and ability to work with children. Low counselor-to-camper ratio further ensures that all activities are safe, fun and provide a positive experience for everyone.**



# Traveling Sports Camp

**Freshmen** entering grade 2 & 3

**Seniors** entering grade 4 - 7

**Full Session:** July 2 – August 16

\$1755 Members • \$1885 Non Members

**Four Weeks:** July 2 – July 26

\$1045 Members • \$1155 Non Members

**Three Weeks:** July 29 – August 16

\$820 Members • \$935 Non Members

**Two Week Sessions**

\$565 Members • \$640 Non Members

Session 1: July 2 – July 12

Session 2: July 15 – July 26

Session 3: July 22 – August 2

Session 4: August 6 – August 16



## New! Traveling Sports Camp LIT (Leaders in Training) Camp

Entering Grade 8

Designed to provide and teach balance between responsibility and fun, LITs spend the summer learning and developing valuable leadership skills, while participating in fun camp activities. (8 spaces available per session)

**Full Session:** July 2 – August 16

**Four Weeks:** July 2 – July 26

**Three Weeks:** July 29 – August 16

## Traveling Sports Camp Counsellor in Training (CIT) Camp

Entering Grade 9

Learn to be a leader, motivator and coach from staff members. The Traveling Sports Camp CIT program gives future leaders the opportunity to enjoy a variety of sports and recreational activities while gaining leadership experience. (8 spaces available per session)

\$1040 M • \$1110 NM

\$645 M • \$690 NM

\$490 M • \$535 NM

# Specialty Camps

Campers must be the minimum age by December 31, 2019

July 2 – 5

## Radical Ray's Junior Scientists

Age 8 – 12

\$290 SJCC Members • \$320 Non Members

An interesting and interactive voyage into the world of science! Have fun learning about biology with live arthropods, physics, paleontology, chemistry, and environmental sciences during the morning hours. Afternoons are filled with group games and activities and a recreational swim.

## Kids in the Kitchen

Age 10 – 14

\$290 SJCC Members • \$320 Non Members

Create culinary masterpieces under the guidance of pastry chef and owner of Babi's Restaurant, Shabi Baruch. Mornings are spent making both sweet and savory recipes including appetizers, main courses and desserts. Each afternoon is filled with camp games, art, sports and a recreational swim. *Can't make it in July? Kids in the Kitchen is back August 6 – 9.*

July 8 – 12

## **NEW!** Cartooning with Sheltoons

Age 8 – 12

\$305 SJCC Members • \$335 Non Members

With the animation experts from Sheltoons campers will learn to draw and animate their favorite video game, anime and cartoon characters. Each day wraps up with a recreational swim.

## The Directors Cut: Music Video

Ages 10 – 14

\$305 SJCC Members • \$335 Non Members

Plan a parody or remix your favourite songs to create cool music videos. Using the instrumental versions of your songs you will write and record songs create a storyboard, film and edit a video. Daily free swim and group games involving music are part of the afternoon fun.

## JCC/Next Generation Hockey Camp

Age 7 – 14

\$365 SJCC Members • \$420 Non Members

Spend the morning on ice at Carleton University with hockey coaches from Coach Derek Miller's Next Generation Hockey. In the afternoon it's back to the JCC for dry land conditioning with an SJCC Fitness Professional and a recreational swim. *Can't make it in July? Hockey Camp is back the week of August 26.*



**July 15 - 19**

## **LEGO® Robotics + Coding**

Age 8 - 12

\$305 SJCC Members • \$335 Non Members

Under instruction of "the LEGO® guy", Ian Dudley of Orange STEM Education aspiring engineers will build Power Functions machines, and Ian's Mindstorms® EV3 robots. Using a tablet, program your robot's movements, sounds and screen images. Then, with input from rotation, ultrasonic and light sensors, engage your robot in various challenges. Afternoons include fun camp activities and a daily free swim.

## **Horseback Riding Camp**

Age 10 - 14

\$370 SJCC Members • \$400 Non Members

Young equestrians spend their mornings at Circle J Ranch learning the basics of western riding, brushing, bridling and saddling. The first part of the day includes a lesson followed by a ride. After a hot day at the ranch it's back to the JCC for a swim and a group activity.

**July 22 - 26**

## **Great Adventure**

Age 8 - 12

\$305 SJCC Members • \$335 Non Members

Get ready for an exciting week of adventure that will challenge you both physically and mentally. A variety of sports, circuit training with our fitness staff and a daily recreational swim plus fun field trips to N.U.T.S (Neuron Upgrade Training Centre), Altitude Gym (Clip'n Climb/rock climbing) and Karters Korners.

**July 29 - August 2**

## **Girls on the Go**

Age 8 - 12

\$305 SJCC Members • \$335 Non Members

Calling all creative girls! Whether we're having fun with art, improv, dance, Zumba or swim or we're cooking at Loblaws, painting pottery at Colour Me Mine or picking strawberries at a local berry farm, these girls will definitely be on the go!

**August 6 - 9**

## **Boot Camp**

Age 8 - 12

\$290 SJCC Members • \$320 Non Members

Get fit with a variety of sports programs and self defense workshops given by 6 Tigers Academy in the mornings. Afternoons are a mix of physical activities including circuit training and BOSU with SJCC Fitness Manager Ryan and a fun swim in the outdoor pool.

## **Kids in the Kitchen**

Age 10 - 14

\$290 SJCC Members • \$320 Non Members

Create culinary masterpieces under the guidance of pastry chef and owner of Babi's Restaurant Shabi Baruch. Mornings are spent making both sweet and savory recipes including appetizers, main courses and desserts. Each afternoon is filled with camp games, art, sports and a recreational swim. *Can't make it in August? Try July 2 - 5.*



August 12 – 16

## Summertime Splash

Age 8 – 12

\$305 SJCC Members • \$335 Non Members

Join us for a week of wild water fun with a trip to a Gatineau Park beach, a day at Mont Cascades Water Park and some paddling down the Ottawa River. Recreational swims and water games complete the week.

## **NEW!** A Taste of Musical Theatre

Age 8 – 12

\$305 SJCC Members • \$335 Non Members

Spend a week in the spotlight! Together with New Star Children's Theatre, campers will work on scene and performance skills, a big theatrical number and finish each day off with a recreational swim.

August 19 – 23

## Coach Brown's All Star Basketball Camp

NCAA Division: Age 7 – 11

NBA Division: Age 12 – 15

\$280 SJCC Members • \$310 Non Members

Shoot hoops with former NCAA and CIS College Coach Carlos Brown and his amazing team of all-stars. Perfect your passing, shooting, footwork and defense. Take home daily prizes and individual player report cards. A daily free swim and pizza lunch on Friday is all part of the fun.

## Girl Power

Age 8 – 12

\$305 SJCC Members • \$335 Non Members

A special week for active girls! Yoga, Israeli dance, Zumba, self-defence and daily free swims plus fun field trips to the Ninja Warrior Course at Altitude Gym, Flying Squirrel and Zip Lining at Arabaska Lafleche.

## The Director's Cut: Claymation/Animation

Age 10 – 14

\$305 SJCC Members • \$335 Non Members

Imagine it! Make it out of clay! Bring it to life on the screen! In the morning film makers prep, plan and create, film and edit their own stop motion film using our technology. Afternoons are filled with group games plus a daily free swim.



August 26 – 30

## Last Blast

Age 5 – 7

Senior Kindergarten – Grade 2

\$290 SJCC Members • \$320 Non Members

Join us for a variety of camp activities including special visitors, sports in the outdoor field and the gymnasium, arts and crafts, science, group games and activities and a field trip to Saunders Farm.

## Magical Mysteries

Age 8 – 12

\$305 SJCC Members • \$335 Non Members

Learn the secrets of magic with professional magician, Michael Bourada. Spend part of each day learning exciting tricks that will amaze your family and friends. Each camper gets their own magic kit to take home at the end of the week. Magic is a great way to build social skills and confidence.

## LEGO® Engineering

Age 8 – 12

\$305 SJCC Members • \$335 Non Members

Learn technical LEGO® building skills and engineering principles from “the LEGO® guy”, Ian Dudley of Orange STEM Education. With a partner, build LEGO Technic machines and vehicles, and bring them to life using motors and gears. Construct a pre-programmed LEGO® Mindstorms robot that will use light sensors in an exciting challenge. Afternoons include fun camp activities and a daily free swim.

## JCC/Next Generation Hockey Camp

Age 7 – 14

\$365 SJCC Members • \$420 Non Members

Spend the morning on ice at Carleton University with hockey coaches from Coach Derek Miller’s Next Generation Hockey. In the afternoon it is back to the JCC for dry land conditioning with an SJCC Fitness Professional and a recreational swim. *Can’t make it this week? Try July 8.*



# Registration

**Soloway JCC Members:** January 2, 2019

**Open Registration:** January 9, 2019

**3 year-old campers:** Due to a limited number of spaces, online registration will not be available after February 28. To register after February 28, please contact the Camp Office (613) 798-9818 ext. 258.

## Deposit, payment and refund policy

### Day Camps and Traveling Sports Camp

#### All applications must include:

1. A completed application for each child, including choice of weeks.
2. A 25% deposit at the time of registration, \$100 of which is non-refundable
3. The remaining payments must be made by April 26, 2019 by cheque or credit card. By credit card, the remainder will be charged automatically. By cheque, a post-dated cheque dated April 26, 2019 must be included with the application.
4. There is a \$45 admin fee for camp adjustments after April 26.

#### Cancellation policy

- Day Camp: more than 30 days prior to the week cancelled
- Traveling Sports Camp: prior to June 3, 2019
- A refund will be issued for the cost of the session minus \$100 of the deposit. No refunds will be issued after these dates or after a camp session begins.

## Deposit, payment and refund policy

### Specialty Camps

Specialty Camp fees must be paid in full at the time of registration. If you wish to cancel your child's registration, written notification must be received by the camp office more than 30 days prior to the start of that camp session. The fee minus \$100 will be refunded.

**Days missed for any reason cannot be refunded or compensatory days issued.**

**If the camp deems it necessary to dismiss a child, a prorated refund less the \$100 non-refundable deposit will be issued.**

### At all JCC of Ottawa Day Camps:

- Before camp care is available at no extra cost.
- After camp care is available.
- Everyone is welcome!

# Contact

## Camp Office

(613) 798-9818 ext.258, [camp@jccottawa.com](mailto:camp@jccottawa.com)

## Traveling Sports Camp

Jon Braun (613) 798-9818 ext.267, [jbrown@jccottawa.com](mailto:jbrown@jccottawa.com)

## Day Camps

Reesa Shinder & Angela Lowe (613) 798-9818 ext.280,  
[ganon@jccottawa.com](mailto:ganon@jccottawa.com)

## Specialty Camps:

Gail Loeff (613) 798-9818 ext.303, [glieff@jccottawa.com](mailto:glieff@jccottawa.com)

## Financial Assistance is available

Contact Robin Cole (613) 798-9818 ext. 239, [rcole@jewishottawa.com](mailto:rcole@jewishottawa.com) to apply or download an application form from our website. Applications must be received by May 23, 2019.

## Join the Soloway JCC now and save on Summer Camps

Contact Membership Director Patrice Berdowski for more information at (613) 798-9818 ext. 233, [pberdowski@jccottawa.com](mailto:pberdowski@jccottawa.com)

[www.jccottawa.com](http://www.jccottawa.com)



JCC of Ottawa Summer Camps is a beneficiary agency of the Jewish Federation of Ottawa.



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